

Nature-Based Education: Time in Nature and More

Researchers from Stanford University examined the research literature and found that a variety of approaches in nature-based education can lead to positive outcomes for children.



Family Connection



Play & Movement



Time in Nature



Social Interaction



Action Taking



Creative Arts



Time to Reflect, Think & Observe



Knowledge & Skill Development



Personal Connection

Nature-Based Education Supports Healthy Child Development

Researchers from Stanford University examined the research literature and found that nature-based education benefits young children's development in a variety of ways.



Social and Emotional Development

Social-skills development, self-regulation, and sense of autonomy



Cognitive Development

Cognitive functioning, academic content, and creativity



Physical Development

Increased physical activity and physical skills



Language and Literacy Development

Language skills and concepts



Environmental Literacy Development

Environmental cognition, attitudes, and behaviors